Review Quiz

Special Topics Module: Medicare and Hospital Care
Transitions
Medicare and Hospital Discharge Planning

1) Patients who receive a discharge plan upon their hospital discharge must receive a legible, complete list of medications they should take post-discharge.

   True or False

2) Medicare requires that hospitals do the following when implementing a discharge plan for an inpatient:
   a. Schedule a follow-up appointment for the patient with their primary care physician
   b. Provide any immediate supplies that a patient might need
   c. Make referrals to durable medical equipment suppliers
   d. Follow up with a patient through phone calls within 24-72 hours post-discharge

3) Which of the following are assessed by hospital staff completing a discharge planning evaluation?
   a. The patient’s access to insurance for post-hospital care
   b. The patient’s goals and preferences for care
   c. The patient’s biopsychosocial needs
   d. All of the above

4) If a hospital is evaluating a patient to develop a discharge plan, the patient’s preferences for care do not have to be considered when developing and implementing the plan.

   True or False
5) Which entity reviews a patient’s initial appeal of a hospital discharge?

   a. Centers for Medicare & Medicaid Services (CMS)
   b. Quality Improvement Organization (QIO)
   c. Hospital physicians and staff
   d. Medicare Administrative Contractor (MAC)

6) Medicare requires that hospital outpatients who had an emergency room stay or same-day surgery receive a shortened discharge plan.

   True or False

7) When must the discharge plan evaluation process begin for a hospital inpatient?

   a. 24 hours before discharge from the hospital
   b. At an early stage of their admission to the hospital
   c. Immediately when the patient is considered an inpatient
   d. When the hospital staff has time to complete the evaluation
Review Quiz Answers

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1) Patients who receive a discharge plan upon their hospital discharge must receive a legible, complete list of medications they should take post-discharge.

**True** or False

**Answer:** True. Medicare requires that hospitals print a legible, complete medication list that clearly identifies what the patient should take post-discharge. To support patients further, Medicare recommends that hospitals make clear indications where prescription drugs or dosages have changed from what they were pre-hospital admission. Medicare also recommends that hospitals help patients fill their prescriptions prior to their discharge to ensure that they can start their medication regimen immediately.

2) Medicare **requires** that hospitals do the following when implementing a discharge plan for an inpatient:

   a. Schedule a follow-up appointment for the patient with their primary care physician
   b. Provide any immediate supplies that a patient might need
   c. **Make referrals to durable medical equipment suppliers**
   d. Follow up with a patient through phone calls within 24-72 hours after their discharge

3) Which of the following are assessed by hospital staff completing a discharge planning evaluation?

   a. The patient’s access to insurance for post-hospital care
   b. The patient’s goals and preferences for care
   c. The patient's biopsychosocial needs
   d. **All of the above**

4) If a hospital is evaluating a patient to develop a discharge plan, the patient’s preferences for care do not have to be considered when developing and implementing the plan.
True or False

**Answer:** False. Patient preferences and goals for care must be considered. The discharge plan should incorporate the patient’s preferences to the extent they are realistic and would promote their well-being. Caregiver input and concerns must also be considered when evaluating a patient for a discharge plan.

5) Which entity reviews a patient’s initial appeal of a hospital discharge?

   a. Centers for Medicare & Medicaid Services (CMS)
   - **b. Quality Improvement Organization (QIO)**
   c. Hospital physicians and staff
   d. Medicare Administrative Contractor (MAC)

6) Medicare requires that hospital outpatients who had an emergency room stay or same-day surgery receive a shortened discharge plan.

   True or False

   **Answer:** False. Medicare recommends that hospitals consider using an abbreviated discharge plan process for certain types of hospital outpatients, such as patients who had same-day surgery or were discharged from the emergency room. However, it is not required that any hospital outpatient receive a discharge plan. The only groups required to receive a discharge plan are hospital inpatients at risk for adverse consequences post-discharge.

7) When must the discharge plan evaluation process begin for a hospital inpatient?

   a. 24 hours before discharge from the hospital
   - **b. At an early stage of their admission to the hospital**
   c. Immediately when the patient is considered an inpatient
   d. When the hospital staff has time to complete the evaluation